

THE HERALD'S PAGE FOR EVERY WOMAN

EDITED BY JULIA CHANDLER MANZ

EIGHT LITTLE PILGRIMS' JOURNEYING FORTH FOR THE GOLD OFFERED IN THE HERALD BABY CONTEST

William Henry Hessick, Jr.,
Aged 23 months.Evelyn May Deane,
Aged 18 months.Emily Lucile Coyer,
Aged 23 months.John Monaghan Coughlin,
Aged 2 years.William L. Beach,
Aged 2 years.Harry Arthur Murray,
Aged 2 years 5 months.Louise Catherine Hollidge,
Aged 1 year 11 months.Mary Margaret Edmonston,
Aged 2 years 10 months.

THE MOTHER-IN-LAW OF THE ORIENT IS OMNIPOTENT

By ELLA WHEELER WILCOX.

We hear a great deal said and written by poets and sentimentalists about the far-reaching influence of the mother-in-law.

But one who looks the world over, with any power of observation, cannot fail to see that the mother-in-law is a much more potent influence in the world than the mother.

Right here in our midst, in "the land of the free and the home of the brave," we find the mother-in-law's influence to be her son after he comes under the influence of a mother-in-law.

And we see a daughter's whole nature changed by the same remodeling hand. In the Orient the mother-in-law is pre-eminent; whether in Japan, China, Burma, Java or the Malay States, she is a most important personage; but in India we find her at the apex of power.

In China a lady was asked how many children she had. She replied: "I have two." Then, realizing that she was conversing with an American, she added: "Unless you count daughters; I have also two daughters."

When the impossible-to-restrain-laughter died away she explained that in China girls were not counted as children by the mother, because they belonged to their mother-in-law.

Chinese girls are sure to marry, because their parents arrange these matters for them in early youth; and the same social law exists in all the Eastern countries.

Married at Three or Five.
The child-wife of India goes to live with her mother-in-law, usually at the age of ten. She is oftentimes married at three or five—legally married—but remains with her parents until ten. Then she goes to the home of her mother-in-law. She is oftentimes a mother at twelve.

An Indian woman author, Cornelia Sabir, says in her stories of Indian women ("by one of them"): "What of the ordinary widow of the highest caste, who in olden days, would have fed the flames of the funeral pyre bound to a husband's corpse?"

"What of her? For the most part she lives the life of a willing drudge in the house of her mother-in-law. For it is so alone she believes that she can win merit for her lord."

"A widow is a thing of ill-omen in India, or elsewhere places his mother before his wife, and when he is absent his mother-in-law considers it her obligation to curse the daughter-in-law; that is a part of the process of punishing her for the evil she brought on the son and husband."

"Sometimes the daughter-in-law glories in her ill-treatment, believing it will advance her husband's state in paradise; but sometimes she grows very weary of the long struggle and puts an end to her earthly existence."

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VAST ARMY OF CHILDREN ON THE WAY TO THE END OF THE RAINBOW

Of course you have heard of the end of the rainbow.

About the first thing I can remember back in my childhood days is the story I was told in the nursery if I followed the brilliant path illumined by the varicolored bow in the sky until I should come to its end I would surely find a pot of gold.

Many was the time that I set out bravely on this fruitless journey, filled with the anticipation of possession, only to have it turned to disappointment, as the reminder of God's promise to man faded in the sky, leaving the point where it touched the earth unmarked.

But you may tell your children the story of another rainbow to-day, and with a difference. The tale will not end in disappointment, for the end may be found and that very soon. In addition the gold will be right there for some fair child to claim.

I can think of nothing brighter to which I may liken the Borden Baby Contest than the rainbow of faith and hope, made more beautiful in that it is the symbol of a promise made now to little children.

Happy Pilgrimage.
When the story of the contest was first told their mothers the little tots all over the city and outside of its confines were collected to fare forth on the happy pilgrimage for many precious things of value to both the children and their mothers.

Day by day the vast army of babies grew until now it makes one think of the children's crusade journeying to the Holy Land, for each little face is filled with purpose and the perfect faith that only childhood knows.

Already, the army of children on its way to the end of the contest rainbow is nearly 2,000 strong, and it is sure to grow more rapidly than ever, now that but seven more days remain of the pilgrimage.

It Will Not Fade.
Nor will the children's beautiful rainbow fade before they reach the end. Its colors will be as bright on the very last day of the famous trip as it was when its promise was first announced, and

when the 16th comes, and the children reach the land where the promised gold and 219 other valuable gifts await them, they will feel richly rewarded for the wearisome time of waiting, and their mothers will rejoice with them in their splendid accomplishment.

But oh, the children who have not been allowed to go on the beautiful pilgrimage to the land of lovely babies!

Oh, the wistful little ones who must look on with longing eyes while their friends and playmates gather in the reward for their coming to the contest!

These are the little children who make my heart ache—who should elicit the sympathy of every citizen of Washington, for bitter indeed will be their disappointment in their mothers.

The Washington Herald would like to see every child within a radius of twenty-five or thirty miles of Washington have a chance to win the first prize of \$50 in gold, or some one of the other prizes offered in the Borden Baby Contest.

Every Child Invited.
It isn't enough that the number of children now on their way to the end of the rainbow for their pot of gold is nearly 2,000.

If that number is doubled before the 16th, it will still not be enough, if one single baby under three years of age is left out because some mother was too selfish or unreasonable to give her little one a chance to win a big, beautiful present.

And remember, dear procrastinating mother, that your time now is extremely short.

On Saturday of this week your chance to have baby's picture made free of cost to you, through The Herald's arrangement with the Bachrach Studio ends.

And the contest itself closes in just seven days from to-day.

BRIDE'S LINEN CHEST IS OLD CUSTOM THAT HAS REVIVED

Girls who are contemplating matrimony should have a dowry chest.

An old German fashion, but one that is being extensively revived. It is not possible for one person to present a prospective bride with a full chest; therefore, the custom of giving linen "showers" has become quite the thing among the young women's friends.

A member of her family or an intimate friend, presents her with the chest, lined, with the bride's initials carved or stamped in the center of the lid. Every member of the family, as well as relatives and friends, then proceed to contribute to the filling of the chest by making all sorts of useful articles.

Household linen is given, linen sheets and pillow cases with the bride's initials embroidered just under the hem or on the top. Large and small towels, also embroidered with initials, and having white linen thread. Napkins, three sets, one for each daily meal, and hemmed neatly by hand, and have the initials embroidered in one corner.

Servants for the bureau, sideboard, and stands ornamented with embroidery or drawn work; pillow shams, kitchen towels, and wash cloths.

Squares of soft cheesecloth, hemmed neatly for dusts, and coarse linen squares, hemmed for dishtowels.

Each complete set is tied with a dainty ribbon.

The addition of kitchen and pantry towels is a new and very acceptable idea; the pantry towels are used only for drying cut glass and silver, and are of fine soft striped linen, having the ends scalloped and buttonholes with colored thread.

Embroidered Cushion Covers.
Another pretty set that is added to the dowry chest consists of embroidered cushion covers.

Some large enough to slip on over a sofa cushion, others designed for pin-cushions. Modern women will not use pin-cushions covered with fancy silk and lace that cannot be washed. They are not considered to be sanitary; but the embroidered linen covers that can be changed every few weeks are very much in demand.

Several sets of these covers for the top and bottom of the cushion, which have scalloped edges and small slits, buttonholed to run ribbon through, are part of the dowry outfit.

The bride's initials are embroidered in the center of the cover, and a set of a dozen tied with ribbon and a cake of scented soap on top is a practical gift.

Sachet pads for bureau drawers are another addition to the chest.

Make these of gaily colored silk or pongee. They are made by covering a double fold of cotton wadding, thickly sprinkled with the bride's favorite sachet, with air.

Tuft the pads with a few stitches of colored floss. You can make any one of these articles for your friend, the prospective bride, with the assurance that she will be gratefully pleased with your gift.

no doubt have been sufficient had the basic appropriation been adequate. Under the conditions that have actually existed, these appropriations have been entirely inadequate to strengthen the library force that it could handle effectively the rapid enlarging library work, and as a result of inadequate pay and excess of work, the library force has been annually depleted by numerous resignations. Latterly, the library appropriations have nearly ceased to increase, with the result that the library has been unable to enlarge its service to the public. In response to demands and observed needs.

"In a city such as this, a central library without branches is but a torso. It has all the vital organs necessary to a varied and far reaching service; but it lacks the members through which alone this service may be effected. It may even become congested so that its service within its own limits is hampered. Or, to change the simile, it is a reservoir without main; it represents a large expense for the accumulation of useful material and a denial of the relatively small expense which may diffuse this material to the consumer. The slight expense is indispensable to make the large expense profitable."

To Prevent Drafts.
A simple and practical way to prevent drafts entering under a door that has through shrinkage, a wide crack under it is to fold three thickness of paper together just the width of the door and two inches deep and cover it with serge or cloth as near the color of the door as possible.

Sew to this three small brass rings, one a quarter of an inch from each end and one in the middle. Fasten into the bottom of the door three small screws and hook the rings in them. You will have a perfect protection from cold air coming under the door and one that is easily removed and kept dusted.

Furniture in Winter.
Furniture is an excellent barometer, displaying all the varying moods of a fickle season. Damp furniture accumulates dust, it turns blue, has a sticky feeling, and is unattractive. This condition is apparent in damp weather. To polish wood, that takes on this sticky hue, use a mixture of equal parts of gasoline, linseed oil, and strong vinegar. The vinegar cuts all grease from the woodwork, leaving it as clean as if washed. Use old pieces of cotton to polish.

FORGET-ME-NOT DESIGN FOR PILLOW



For the baby pillow nothing could be daintier than this pretty word surrounded by forget-me-nots. A few of the flowers may be scattered over the rest of the pillow with good effect. The work may be done in white or colors. The letters are first padded and then worked closely over and over. The leaves and flowers are done in the solid satin stitch with the dots as eyelets and the stems in the outline stitch. Mercerized cotton No. 25 will be suitable for the embroidery.

LILLIAN RUSSELL ANSWERS ALL QUESTIONS ON BEAUTY

Hair-curling Fluid.
B. R. M.—(1) Personally, I never use a hair curling fluid, as one must be as careful of blond locks as one is of white hair. However, the formula I am sending is very simple and is used by many of my friends who have very straight, dark hair.

Three ounces of quince-seed juice, two drams of boracic acid, one-half ounce of spirits of wine, and three ounces of water.

The hair is moistened with the fluid before putting it in papers, curlers, or before using curling tongs.

To Reduce Flesh.
(2) It is very hard to reduce one's flesh, and few women are willing to deny themselves the rich foods and keep up the exercise necessary to do it. The dietary I am sending you will help to reduce you, and will also give freshness and tone to your complexion.

For breakfast, any fruit, except peaches or bananas, but it must be eaten without sugar. Weak tea with half a lump of sugar and a dash of lemon juice. Bye or whole wheat bread, toasted, eaten with salt instead of butter. One soft-boiled egg with salt.

For luncheon, any vegetable that grows above ground, except peas and corn; weak tea with lemon, and a lean chop or bit of steak.

For dinner, lean beef, lamb, or the white meat of chicken; any vegetable that grows above ground, except peas and corn. No sweets, no pastry, no milk liquor; a little sour wine can be drunk at dinner, if preferred to tea. Milk, butter, oil, nuts, potatoes, and chocolate are taboo.

Sleep only seven hours at night; take no naps during the day, and walk at least three miles every twenty-four hours, and a five-mile walk is better. Every morning take, at least five minutes of deep breathing.

Rolling Method for Reducing Hips.
(3) I introduced into this country "rolling" for reducing one's hips. The method was given me in France.

To do it to the best advantage, don a heavy wool union suit and spread a large rug on the floor. Stretch out upon it lying flat on your back with hands clasped lightly across your breast. Roll completely over three times, resting a long, deep breath; then roll back three times.

At first you will find that this exercise will make you slightly dizzy, but as soon as you have that feeling, close your eyes and rest a moment. Do this

twenty-five times each way, increasing, as you strengthen your baby muscles, up to one hundred times.

Do not become discouraged if you are sore at first; this is an indication that the work is effective.

Cold Cream for Thin Skin.
M. L. B.—A cold cream which is delightful, but very hard to obtain unless you live in a city where there are extensive laboratories, consequently it is much used by fastidious women, is eight parts of the mutton tallow used to extract the odor from flowers, one part of the best German lanolin, and one part peroxide of hydrogen. The tallow and the lanolin are melted in a water bath and the peroxide added, drop by drop, as the cream is beaten until it is cold. Perfume with ten drops of oil of lily of the valley or any favorite perfume. I use this cream in the theater almost constantly and find it very good. While nongreasy creams are often more popular, it is well to remember that it is the oils in creams which make them helpful in preserving the complexion.

Face Bleach.
May L.—I am not a great believer in instantaneous face bleaches of any kind, but this formula is very simple and harmless.

One-quarter ounce of lactic acid, one-quarter ounce of peroxide of hydrogen, three ounces of witch hazel.

Put this on your face, and then, after it is thoroughly dry, dab the face with any pure cold cream that agrees with it. Do this night and morning, and you will see a great improvement in your skin.

For rolling method of reducing the hips see answer to B. R. M.

Cucumber Cream.
Annie T.—This formula for cucumber cream is very cleansing and refreshing.

Four ounces of sweet almond oil, one ounce of spermaceti, one ounce of white wax, and two ounces of cucumber juice. Select cucumbers ripe enough for the table, cut and chop fine, and pound them to a paste, and then squeeze through a jelly bag. Perfume with twenty drops of oil of lily of the valley or any favorite odor. Heat the oil, spermaceti, and wax in a water bath and beat in the cucumber juice. This cream may be used to take off "make up" or to cleanse the face of dust after a day out of doors. Never put water on your skin immediately before going out or just after coming in doors.

USEFUL ARTICLES MADE FROM BOXES

Many useful articles for the kitchen can be made with ordinary wooden boxes such as you can obtain from any grocery.

From two condensed-milk boxes a wall cabinet holding jars containing spices, sugar, salt and dry groceries is made.

Remove the lids and nail the boxes together, having their sides touch. This forms the cabinet with one shelf. Another shelf is added by fitting in a piece of the lid halfway between the top and the center of the box. Smooth the wood with sandpaper, paint it white or some pretty light color; attach it to the wall by nails driven through the back near the top and you have a convenient place for holding such small articles as the clock, cookbooks, matches, etc.

Rack for Kitchen.
A rack for kitchen knives, forks, and spoons is made in the same way, only having the top shelf pierced with a row of small holes two inches apart. The length of the shelf and the edge of it, notched with little square slots one-quarter of an inch wide. Plates can be kept on the bottom shelf.

For saucepans and cover holders make a wallrack from a window-glass box about an inch deep. Remove the cover and one side, using the latter for a brace to be nailed to the two ends several inches from the top. Into this slip the tin covers of the cooking pots; nails driven into the lower part of the box will serve to hang the frying pan and skillets.

Three canned-tomato boxes nailed together and fitted with shelves make an ideal holder for pans of all kinds. Many a utensil will find its way into such a box, if one is handy.

All of these various boxes are to be carefully painted or sandpapered and varnished. It is surprising how many different useful things can be fashioned from the homely "box," if one has a little ingenuity and knows how to drive a nail straight.

DEBUTANTE EVENING FROCK



Debutante frocks are still made of chiffon or net over satin and generally garnished with small artificial flowers. One of the daintiest models seen among the new importations was of white point d'esprit over a delicate shade of apple-green satin. Tiny pink roses with natural foliage, trimmed most attractively, and the lace frills on bodice and skirt were also charmingly arranged.

Single revers on coats are used with beautiful platings of lace and mull peeping forth in all their glory. The plain, the jabot, and the cravat are decidedly to be reckoned with in the winter outfit.

ADVICE TO GIRLS IN NEW POSITIONS

The strange girl in the new position! September found her ambitious to get into the working field. She has been there a few weeks and this is what she discovered:

A cross manager.
Long hours.
Lack of social relationship.
Irksome duties.
Sick days.
Strangers instead of friends.
Tobacco smoke.
Familiarity!
Rudeness.
Chance of dismissal!

Ac—ac—ac
You are not going to give up; no, do not do so yet. He was surely because your work was not good. You can do better if you try. True, the hours are long, but they should be filled with congenial work—are you sure you are doing that kind? One can get into the wrong niche, you know. Yes, you lack your circle of friends. You do not know whether to be friendly with the girls or not. Be careful. Time will tell you more than the stranger. Yes; you will be ill-most girls have headache, backache, or a heartache, which makes every faculty as dull as a wedge. Do not invite familiarity. Do not resent it with words. "Remember a woman's look can command a man."—a true little lady and command respect. If you feel that your work is not up to par have a private talk with your manager, state your belief, and ask him to tell you what to do to be more satisfactory. Show a willing spirit and live up to it. Don't think it is an endless job or a thankless one. Be glad you can work and try to do the best you can, and you will be there next month—see if this is not true.

Furniture in Winter.
Furniture is an excellent barometer, displaying all the varying moods of a fickle season. Damp furniture accumulates dust, it turns blue, has a sticky feeling, and is unattractive. This condition is apparent in damp weather. To polish wood, that takes on this sticky hue, use a mixture of equal parts of gasoline, linseed oil, and strong vinegar. The vinegar cuts all grease from the woodwork, leaving it as clean as if washed. Use old pieces of cotton to polish.

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S. KANN'SONS & CO.
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"THE BUSY CORNER"

Wash and Silk Waists

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Odds and ends, to be sure, but if your size is here a bargain out of the ordinary awaits you.

LINENE WAISTS.
pleated, tucked, and embroidered styles; many in only one of a style \$1.25 kind. To close at..... 60c

PERSIAN LAIN.
WAISTS, man-tailored style; pleated with laundered collar and cuffs. Good \$1.50 kind. To close at..... 79c

SAMPLE SILK WAISTS.—\$2.50—materials are messaline and satinet in tailored or yoke styled, some embroidered; others with dainty lace collar and stock; dark colors mostly, including navy and wistaria. Worth Choice..... \$3.00

Waist Section—Second Floor.